

Some possible things to do in Nashville

Judging from the recent surge in travel articles about the city, Nashville has suddenly become a “destination.” It has suddenly become “hip.” Truth is, it has long been undersold and under-appreciated. It is so much more than the Grand Ole Opry (which, of course, still operates albeit far from its historic home in the Ryman auditorium downtown). It is also more than its current moniker “Music City,” that the city has adopted in a nod to a much broader music scene in the city. This broader music scene during the EHA conference includes four performances of Beethoven’s Ninth by the Nashville Symphony (<https://www.nashvillesymphony.org/tickets/calendar>), and concerts by Lady Antebellum and by Christina Perri and Ed Sheeran at the Bridgestone Arena (<http://www.bridgestonearena.com/events>).

The following links to three relatively recent newspaper travel pieces on Nashville give some sense of the opportunities:

http://www.nytimes.com/2009/11/08/travel/08hours.html?_r=0

<http://www.wsj.com/articles/the-best-long-weekend-in-nashville-1402072167>

<http://www.forbes.com/sites/larryolmsted/2013/02/21/great-urban-weekend-escapes-nashville-tn/>

None of these mentions (among many other omissions) the Lane Auto Museum (a favorite of Jeremy’s) with its unusual collection of micro-cars and French cars (<http://www.lanemotormuseum.org/>) or the Frist Art Museum (<http://fristcenter.org/>) housed in a spectacular Art Deco building (the old WPA post office) within walking distance of the hotel.

The NashTrash tour (<http://www.nashtrash.com/>) is a good humored riff via pink school bus on the more familiar “homes of the country stars” kind of tours (<http://graylinetn.com/sightseeing/>).

Persons seeking local walking/running/skateboarding etc. opportunities, can get an overview of nearby options by looking at <http://www.informingdesign.com/greenways/> -- the Sheraton is at 7th and Union, close to Capitol Hill in the center of the zoomed-in map on the righthand side. If you want more detailed maps, please refer to <http://www.nashville.gov/Parks-and-Recreation/Greenways-and-Trails/Maps.aspx>. We particularly draw your attention to the pedestrian Shelby Avenue bridge and the new park and amphitheater adjacent to it. The bridge is illuminated at night.

If you are more ambitious and want a more “outdoor experience,” there are trails (paved and unpaved) in Radnor Lake and the WPA Edwin and Percy Warner parks. These are located about 10-12 miles south of the hotel (off Granny White Pike and Highway 100 respectively). There are also some nice botanical gardens (with an outdoor sculpture exhibit) at Cheekwood (<https://www.cheekwood.org/>).